



# St. Edward's NEWSLETTER



## *Early Christmas At St. Edward's*

Our children will be starting their festive celebration early this year! Our traditional Christmas lunch will be held on Thursday 10th of December where they will be served by their Christmas elves with Covid safety measures in place! This will be followed by Christmas parties in the afternoon where they will enjoy music and games. All children will be wearing their Christmas jumpers/outfits. I hope that we can deliver this special celebration and make it a memorable one for our children despite the current climate.



# IMPORTANT!!!



It is very important that our school community works together to help protect each other; parents, staff and children. **If for any reason you and/or your household have been in close contact with a confirmed positive case, have to take a Covid test or developed symptoms, you must self isolate and notify the school as soon as possible to minimise exposure of the virus. In the event of when your child has been sent home and develops symptoms, you must inform the school and get your child tested as soon as possible.** The school is working at such great lengths to stay open but we are in reliance of parents to follow rules to keep everyone safe.

Please bear this in mind and be kind.

Thank you.





# ST. EDWARD'S CATHOLIC PRIMARY SCHOOL



*"Following Christ we reach our goals"*

## OUTSTANDING EYFS (Ofsted since June 2009)

Provision in the Early Years Foundation Stage is outstanding and ensures that the children make excellent progress and achieve extremely well. The outstanding care helps them to feel safe and secure which supports the rapid gains they make in their learning and development. The children clearly enjoy the wide range of activities they are offered within the bright, stimulating environment, both indoors and outdoors."



## ADMISSIONS TO RECEPTION SEPTEMBER 2021.

**CLOSING DATE: 15TH JANUARY 2021**

***Our Reception school  
admissions are now open!***

*The school will be having a virtual open day experience  
for potential new Reception intake on*

***Thursday 26th November.***

*If your child was born between 1st September 2016 and  
31st August 2017 then you need to apply for a Reception  
place before 15th January 2021.*

*Please contact the school office for more information  
and copies of our application packs as well as visiting  
the admission section of this website.*

*If you require assistance with your application please  
contact our main office to make an appointment with our  
admission officer who will be able to assist you.*

*We welcome all potential applicants.*

*Please see our Admissions page on our website for forms  
and information.*

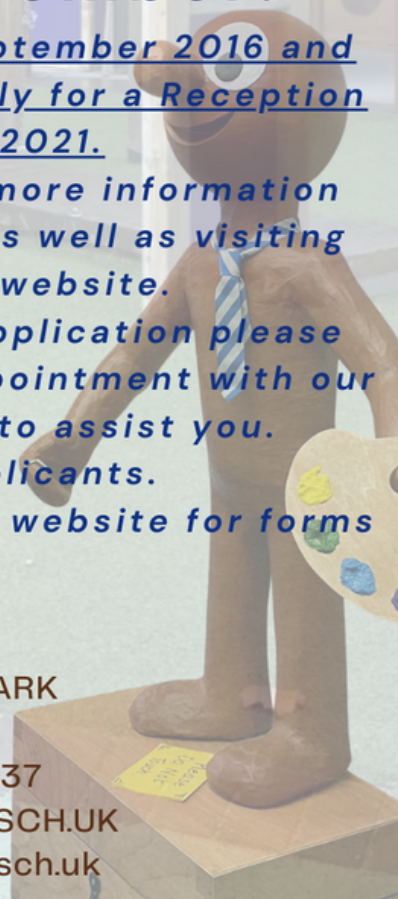
### CONTACT DETAILS:

ADDRESS: GREEN STREET UPTON PARK  
LONDON E13 9AX

TELEPHONE NUMBER: 0208 472 4337

EMAIL: [INFO@ST-EDWARDS.NEWHAM.SCH.UK](mailto:INFO@ST-EDWARDS.NEWHAM.SCH.UK)

WEBSITE: <https://st-edwards.newham.sch.uk>





# Congratulations to our new Chaplaincy Team 2020-2021



Their duties include setting up the hall for assembly and celebrations, helping to set up mass in the church and helping to organize the Rosary lunchtime



We're holding  
**ODD SOCKS DAY**  
for Anti-Bullying Week  
again this year



*As part of the Anti-Bullying week, we joined the odd socks team again on Friday 20th November to keep reminding our children of the effects of bullying to everyone. The aim of this celebration is to help children and young people, school staff, parents and other professionals who work with children to understand that whether it is verbal, physical, online or in-person, bullying has a significant impact on a child's life well in to adulthood. If we work together and make small changes, we can make a big difference and break this cycle to create safe environments for everyone. Our children and staff had fun showing their odd socks and understood the importance of being nice to one another.*



"FOLLOWING CHRIST WE REACH OUR GOALS"



## ANNOUNCEMENTS

### Cross Country

Following in the footsteps of year 5 and 6 who earlier this year won the partnerships virtual athletics competition, both years 3 and 4 have gained top spot in theirs.

The event requires the children to record scores in speed bounce, long jump, javelin and chest push. The 8 boys and 8 girls with the highest scores go on to form the team and our entry into the event.

Congratulations to all of the children in year 3 and 4 who took part, most of whom recorded personal bests even if they didn't receive a medal on this occasion.



## The SPORTS SECTION

### Sportshall Athletics

As part of the London Youth Games all of the children in years 4,5 and 6 were invited to take part in a cross-country event. The number of participants from St Edward's was combined with the other schools in the Borough and formed Newham's entry into the games. A massive well done goes out to all of our children who took part with much enthusiasm and great support from their classmates and congratulations to the fastest 3 boys and 3 girls in each year group who each received a medal.



"FOLLOWING CHRIST WE REACH OUR GOALS"



## NOTICE TO PARENTS

### Dental Outreach Programme for EYFS

*Instead of the usual flouride coating applied to your child during a visit and due to coronavirus, your child have been given a pack of flouride kits last week which contained a toothbrush, flouride toothpaste and guidance to proper dental hygiene. Please continue to encourage your child/ren to properly clean their teeth to avoid dental problems in the future. Thank you.*

### PARENT CONSULTATION

*We have successfully carried out our first ever Virtual Parent Consultation this week! If you have missed your appointment, please let you teacher know so that we can continue to work together in helping your child progress in their learning at St Edward's!*

*Thank you all for your support*

### HOME LEARNING

*May we please request parents to check with your child if they have their home learning log-in details and you keep a copy of it? We want to ensure that if in any case our bubbles are sent home to isolate, you and your child are prepared for the Home Learning sessions. We have sent you a quick step by step guide on how to access the office 365 at home. If you have any concerns, please do email us at [info@st-edwards.newham.sch.uk](mailto:info@st-edwards.newham.sch.uk). Your child is expected to go online following the schedule set out via our school website - Remote Learning.*

### PRIEST SIGNING DATES

*Fr. Angelus has confirmed the signing dates for the Catholic of Practice (priest) forms! Please make sure you don't miss these dates as this form is necessary to get you a higher priority for Reception places in Catholic schools of your choice. Dates are as follows:*

Wednesday 2nd December

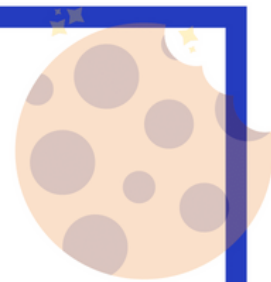
Friday 4th December

Wednesday 9th December

**Time will be from 3-6pm during private prayer time as the church will be open.**



# Coffee & Chat



**A monthly space for parents to come together and discuss:**

- The challenges of lockdown
- Taking care of ourselves
- Resilience
- Share your experiences

To sign up, please follow the link:  
<https://www.headstartnewham.co.uk/get-involved/sign-up-to-headstart/>



**WEDNESDAY'S  
@ 10AM**



18th November 2020  
16th December 2020  
13th January 2021



Newham London

# STRENGTHENING FAMILIES

## AUTUMN OFFER 2020

Strengthening Families has been organised by Newham's early help teams. It is about recognising that all families need a helping hand at times such as these and this helping hand should be as varied and as diverse as our families. Strengthening Families is steeped in our values of keeping people at the heart of what we do.

### Our offer includes:

#### Family Relationships Matters

A coach will work with you to reduce arguments and promote healthy communication.

#### Family Money Matters

Providing information, guidance and support for Families who are worrying about money, housing and employment.

#### Parenting Befriending

A bespoke parenting befriending service for parents / carers of children and young people aged 0-16 years who need a space to talk and think through the ways that they are coping in the circumstances and practical suggestions to manage challenges such as their young person's behaviour, anxiety and worries, family relationship challenges and a young person's screen time.

To request a service for a family you are working with please complete the referral form and email to [strengthening.families@newham.gov.uk](mailto:strengthening.families@newham.gov.uk)

Newham  
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The best place  
for Children and  
Young People



## Family Money Matters (family finance, housing and returning to work/training)

FREE one to one advice and guidance to all via phone or on-line in partnership with Newham WorkPlace, MoneyWorks and voluntary sector Organisations including Community Links.

1. **Advice and assistance** on housing, homelessness, evictions, welfare benefits, tax credits and universal credit, immigration and employment law
2. **Financial support** to access affordable credit, money and debt management and emergency support including access to food bank vouchers, supermarket and energy vouchers
3. **Employment/training** support includes
  - Improving your CV
  - Identifying job/career options
  - Advising on jobs to best suit your skills
  - Good quality apprenticeships for all ages
  - Bespoke training to enhance your existing skills including accredited qualifications
  - Preparing you for attending assessment centres and interviews
  - Advice on childcare options

Specialist teams such as Young People's Team (16 – 24 years old), Apprenticeships Team (all ages), Supported Employment Team (disabilities or long-term health conditions) and construction team, to support the requirements of our residents.



**All services are delivered following up to date government Covid-19 guidance.**

## Family Relationship Matters

We all have arguments; it is normal for parents to argue, whether they are together or not. Causes can include; job loss, births, deaths, illness or separation, money worries or the pressure of family life.

Our Family Relationships Matters programme consists of six sessions delivered one to one by trained facilitators from Early Help, Families First, Children's Centres and Schools. We will match families to the best organisation to deliver based on the family's needs and existing support networks.

These sessions give families the tools to manage conflict effectively and reduce the impact on their children.

## Parenting Befriending Service

A bespoke parenting befriending service for parents/carers of children and young people aged 0-16 years who need a space to talk and think through the ways that they are coping in the circumstances and practical suggestions to manage challenges such as their young person's behaviour, anxiety and worries, family relationship challenges and a young person's screen time.

- **Befrienders** are either trained children centre staff or Newham Parent Peer Facilitators
- **30-60 mins** session per week
- **1-8 weeks** with a clear transition process put in place for when the contact ends.
- **Group sessions** – will be developed where this would be helpful and appropriate.
- **Virtual Coffee Mornings** - Early Years / Primary and Secondary.
- **Signposting and referrals** to other support and services as and when appropriate.

If you have any questions about the children's centre offer or the family support work please make contact via email:  
**[BSILFamilySupport@newham.gov.uk](mailto:BSILFamilySupport@newham.gov.uk)**

Newham  
Together

The best place  
for Children and  
Young People

**#strengtheningfamilies #HelpNewham  
#newhamtogether**

"FOLLOWING CHRIST WE REACH OUR GOALS"



EMPOWERING  
PARENTS  
EMPOWERING  
COMMUNITIES



# Being a Parent Course

A free course for parents of children aged 9 to 16 years

**Delivered digitally via a video call app called Zoom.**

## Delivered for Parents by Parents

The course helps parents learn practical communication skills for everyday life & bring up confident, happy and co-operative children. You will leave this course feeling better able to:

- Help others by sharing your experience as a parent
- Learn new ways to communicate with your children, celebrate successes and solve problems together
- Create a calm and peaceful family life

*Comfort breaks  
will be built in  
to the course*

## Course Details:

All groups will run for 9 consecutive weeks

### Thursday's

**Start:** 21st January 2021  
**End:** 18th March 2021  
**Time:** 10 –12:00pm

### Wednesday's

**Start:** 27th January 2021  
**End:** 24th March 2021  
**Time:** 12 –2:00pm

### Thursday's

**Start:** 28th January 2021  
**End:** 25th March 2021  
**Time:** 6–8:00pm

### Tuesday's

**Start:** 2nd February 2021  
**End:** 30th March 2021  
**Time:** 10–12:00pm

To sign up for the course, please follow the link below:

<https://www.headstartnewham.co.uk/get-involved/>

For more information and support, please follow us on Facebook, Twitter and Instagram  
**@HeadStartNewham**

You can still contact us Monday–Friday from 9am–5pm on the following details:

T: 0203 373 9983 E: [headstart.programmeteam@newham.gov.uk](mailto:headstart.programmeteam@newham.gov.uk)



"FOLLOWING CHRIST WE REACH OUR GOALS"





# Being a Parent Course

## (for parents/carers with a 9 -16 year old)

Each week the group looks at different topics related to your relationship with your child/ren including:

### Being a Parent

The good enough parent  
Taking care of ourselves

### Parenting skills and Listening skills

Communication and listening

### Feelings

Expressing and acknowledging feelings

### Valuing your child

Using descriptive praise to change behaviour

### Understanding conflict, negotiation and problem ownership

Negotiation skills  
Choices, consequences and sanctions

### Quality Time

Building your child's self esteem  
What is it like to be a young person in Newham

### Understanding children's behaviour

Exploring needs of your child and their behaviour  
Discipline and household rules  
Family meetings

### Stress management, Review and Ending

Coping with stress  
Reviewing your learning and celebration

For more information and support, please follow us Facebook, Twitter and Instagram @HeadStartNewham  
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## GOSPEL - MATTHEW 25: 31-46



31 And when the Son of man shall come in his majesty, and all the angels with him, then shall he sit upon the seat of his majesty.

32 And all nations shall be gathered together before him, and he shall separate them one from another, as the shepherd separateth the sheep from the goats:

33 And he shall set the sheep on his right hand, but the goats on his left.

34 Then shall the king say to them that shall be on his right hand: Come, ye blessed of my Father, possess you the kingdom prepared for you from the foundation of the world.

35 For I was hungry, and you gave me to eat; I was thirsty, and you gave me to drink; I was a stranger, and you took me in:

36 Naked, and you covered me: sick, and you visited me: I was in prison, and you came to me.

37 Then shall the just answer him, saying: Lord, when did we see thee hungry, and fed thee; thirsty, and gave thee drink?

38 And when did we see thee a stranger, and took thee in? or naked, and covered thee?

39 Or when did we see thee sick or in prison, and came to thee?

40 And the king answering, shall say to them: Amen I say to you, as long as you did it to one of these my least brethren, you did it to me.

41 Then he shall say to them also that shall be on his left hand: Depart from me, you cursed, into everlasting fire which was prepared for the devil and his angels.

## Prayer for Everyone

*Lord Jesus, so meek, so mild, teach us to be like You in all our ways. Teach us kindness, gentleness, generosity, and to be giving, forgiving, loving and caring. Teach us to follow in Your humble footsteps. Guide us to the place You want us to be, take control. Mold and shape us into the brilliant beings we were always destined to become.*

*Lead us to the place in our souls where there is tranquility, peace and calmness. Where the waters are so still we can walk on them with You holding our hands and leading the way. Allow our gentle spirits of love, kindness and gentleness to infiltrate and infect the land. Let it spread like a wildfire across the nation. Let our lights shine so brightly that people will be drawn to us wanting to know You and, as they seek You, they will surely find You. Those who hunger will be filled with satisfaction, for You Lord are our portion and only You can satisfy. Quiet our souls when anger, hatred, sadness or worry fills our minds, Oh peaceful Saviour..*

*Amen*