[WEEKLY MENU] WEEK 3

Weeks Commencing: Mon 1st May - Mon 22nd May - Mon 19th Jun - Mon 10th Jul

<		Monday	Tuesday	Wednesday	Thursday	Friday
	Main Dish of the Day	Fresh Chicken Burger in a Bun (G, SE*)	Beef Meatballs in a Rich Tomato Sauce (E, G)	Roast Gammon ↓ Roast Gravy	Jerk Chicken	Baked Battered Fish with Tomato Ketchup (F, G)
	Vegetarian Dish of the Day	Veggie Burger in a Bun (G, SE*)	Veggie Meatballs in a Rich Tomato Sauce (CE, E*, G, MU*, SE*, SO*)	Roasted Vegetable Parcel (CE, G)	Jerk Vegetable Wrap (G)	Vegan Sausage Roll with Tomato Ketchup (G, MK*, SO)
	Vegetable Choice	Wedges Peas Carrots	Pasta (G) Green Salad	Baby Roast Potatoes Medley of Seasonal Vegetables	Rice & Peas (CE) Salad	Chips Beans Peas
	Dessert of the Day	Pancakes with Summer Berries (E, G, MK)	Chocolate & Pear Cake with Caramel (E, G, MK)	Summer Fruit Yoghurt (MK)	Lemon Cake with Lemon Drizzle (E, G, MK)	Jelly ∳ Ice-Cream (MK)
	Jacket Potato Bar	See Board for Details	See Board for Details	See Board for Details	See Board for Details	See Board for Details
	Cold Selection	Salad Bar Homemade Bread (G, MK, SO) Fresh Fruit	Salad Bar Homemade Bread (G, MK, SO) Fresh Fruit	Salad Bar Homemade Bread (G, MK, SO) Fresh Fruit	Salad Bar Homemade Bread (G, MK, SO) Fresh Fruit	Salad Bar Homemade Bread (G, MK, SO) Fresh Fruit

Allergens:

CE = Celery, CR = Crustacean, E = Eggs, F = Fish, G = Cereals Containing Gluten, L = Lupin, MK = Milk, MO = Molluscs, MU = Mustard, N = Nuts, P = Peanuts, SO = Soya, SU = Sulphur, SE = Sesame Seeds * = May Contain

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