

[WEEKLY MENU]



Week 3

Weeks Commencing: Mon 1st May - Mon 22nd May - Mon 19th Jun - Mon 10th Jul



Main Dish of the Day

Vegetarian Dish of the Day

Vegetable Choice

Dessert of the Day

Jacket Potato Bar

Cold Selection

Monday

Sticky BBQ Chicken

Jacket Potato & Baked Beans

Wedges
Peas
Carrots

Fresh Fruit Salad

See Board for Details

Salad Bar
Homemade Bread
(G, MK, SO)
Fresh Fruit

Tuesday

Beef Meatballs in a Rich Tomato Sauce (CE)

GF Tomato & Basil Pasta (CE, SO*)

GF Pasta (SO*)
Green Salad

Fruity Jelly

See Board for Details

Salad Bar
Homemade Bread
(G, MK, SO)
Fresh Fruit

Wednesday

Roast Gammon/Turkey or Pork & Roast Gravy

Roasted Vegetables

Baby Roast Potatoes
Medley of Seasonal Vegetables

Fresh Fruit Salad

See Board for Details

Salad Bar
Homemade Bread
(G, MK, SO)
Fresh Fruit

Thursday

Jerk Chicken

Jerk Vegetable Curry (CE)

Vegetable Rice (CE)

Fruity Jelly

See Board for Details

Salad Bar
Homemade Bread
(G, MK, SO)
Fresh Fruit

Friday

GF Breaded Baked Fish with Tomato Ketchup (F)

Jacket Potato & Baked Beans

Chips
Beans
Peas

Ice Fruit Lolly

See Board for Details

Salad Bar
Homemade Bread
(G, MK, SO)
Fresh Fruit

Allergens:

CE = Celery, CR = Crustacean, E = Eggs, F = Fish, G = Cereals Containing Gluten, L = Lupin, MK = Milk, MO = Molluscs, MU = Mustard, N = Nuts, P = Peanuts, SO = Soya, SU = Sulphur, SE = Sesame Seeds

* = May Contain

ALLERGY FREE

