St Edward's Catholic Primary School - Allergy Free



LOVE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

THEME DAYS

FESTIVAL

OF LIGHT

BRITISH FOOD

BONFIRE

DF/GF Pepperoni Pizza

Piri Piri Chicken

Beef Cottage Pie

Chicken Curry

GF Fish & Chips

(F)

DF/GF Veggie Supreme Pizza

Jacket Potato with Baked Beans & DF Cheese

Roasted Vegetable Cottage Pie

Allergy Free Vegetable Curry

Jacket Potato with Baked

Beans & DF Cheese

SIDES

Homemade Potato Wedges & Green Salad

Steamed Rice & Green Beans

Roasted Carrots & Parsnips

Steamed Rice & Green

Beans or Peas

Beans

8

JACKET

GF Vegan Roasted Vegetable Pasta

Jacket & Salad

GF Tomato & Basil Pasta

Jacket & Salad

DF/GF Cheesy Pasta

Chef's Allergen Free Cake

Chef's Allergen Free Cake

GF Apple Crumble

Chef's Allergen Free Cake

GF Shortbread Biscuit

DAILY SALAD BAR | FRESH FRUIT

L SEP / 22 SEP / L3 OCT / 10 NOV / 1 DEC

G = GLUTEN

G/O = OATSG/R = RYE

MK = MILK

MU = MUSTARD N = NUTS

SO = SOYA SU = SULPHUR

* = MAY CONTAIN W = VEGAN

DATES

CE = CELERY CR = CRUSTACEAN



S = SEASONAL VEG

St Edward's Catholic Primary School - Allergy Free



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

THEME DAYS

FESTIVAL

BRITISH FOOD

LOVE

Bunless Homemade Beef Burger

Roast Chicken & Gravy

Beef Bolognese with GF Pasta

GF Fish Fingers & Chips



Stir Fried Vegetables

Bunless Spinach & Chickpea Burger

Roasted Vegetable Cottage Pie

DF/GF Mac & Cheese

DF/GF Cheese & Tomato

Pizza



SIDES

Steamed Rice & Stir Fried Greens

Homemade Potato Wedges with Baked Beans or Green Salad

Rustic Roast Potatoes with Roasted Carrots & Parsnips **Mixed Green Salad**

Beans or Peas



JACKET

GF Vegan Roasted Vegetable Pasta

Jacket & Salad

GF Tomato & Basil Pasta

Jacket & Salad

DF/GF Cheesy Pasta



GF Chocolate Shortbread Biscuit

Fresh Fruit

GF Winter Fruit Crumble

Chef's Allergen Free Cake

Fruit Jelly

S

DAILY SALAD BAR | FRESH FRUIT

15 SEP / 6 OCT / 3 NOV / 24 NOV / **15 DEC**

F = FISH

G/O = OATS

ALLERGENS

MU = MUSTARD

SO = SOYA

* = MAY CONTAIN

DATES

CE = CELERY CR = CRUSTACEAN

V = VEGAN S = SEASONAL VEG **St Edward's Catholic Primary School - Allergy Free**

WEEK 3



LOVE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

THEME DAYS

BRITISH FOOD



Roast Chicken with New Potatoes & Gravy

Chicken Curry

Roast Chicken

Roast Chicken & Homemade Potato Wedges **GF Fish & Chips**

(F)



Jacket Potato with Baked Beans & DF Cheese

Allergy Free Vegetable Curry

Roasted Root Vegetable Pie with Gravv

Honey Glazed Beans & Vegetables

Jacket Potato with Baked Beans & DF Cheese

FESTIVAL



Roasted Carrots & Parsnips

Rice & Peas with Green Beans

Boiled Potatoes with Roasted Carrots & Parsnips **Carrots & Green Beans**

Beans or Peas



GF Vegan Roasted Vegetable Pasta

Jacket & Salad

GF Tomato & Basil Pasta

8

8 **Jacket & Salad**

DF/GF Cheesy Pasta

Minter

Chef's Allergen Free Cake

Fruit Jelly

Chef's Allergen Free Cake

GF Apple Crumble

GF Vanilla Shortbread Biscuit



DAILY SALAD BAR | FRESH FRUIT

3 NOV / 24 NOV / **15 DEC**

G = GLUTEN

G/O = OATSG/R = RYE

L = LUPIN

MU = MUSTARD N = NUTS

SO = SOYA SU = SULPHUR

* = MAY CONTAIN V = VEGAN

CE = CELERY CR = CRUSTACEAN E = EGGS

P = PEANUTS

SE = SESAME SEEDS S = SEASONAL VEG