ST EDWARD'S CATHOLIC PRIMARY SCHOOL - ALLERGY FREE

WEEK 1 WEEK 3







CHICKEN & TOMATO GF PASTA

MONDAY

BEEF BOLOGNESE WITH GF PASTA

TUESDAY

ROAST BEEF & GRAVY

WEDNESDAY

CHICKEN AND VEGETABLE STIR FRY

THURSDAY

GF FISH FINGERS & CHIPS (F)



TOMATO & BASIL GF **PASTA**

VEGETABLE BOLOGNESE WITH GF PASTA

CAULIFLOWER STEAK

VEGETABLE STIR FRY

JACKET POTATO WITH DF CHEESE & BAKED BEANS



GREEN SALAD

BROCCOLI & PEAS

RUSTIC ROAST POTATOES WITH ROAST CARROTS & PARSNIPS

S

STEAMED RICE & STIR FRIED **GREENS**

BEANS OR PEAS



CHEF'S ALLERGEN FREE CAKE

FRUIT JELLY

GF PEACH CRUMBLE

CHEF'S ALLERGEN FREE CAKE

ICED FRUIT LOLLY

JACKET POTATO | DAILY SALAD BAR | FRESH FRUIT

rist april / 12th may / 9th JUNE / 30TH JUNE

E = EGGS

F = FISH G = GLUTEN

G/O = OATS

L = LUPIN

MU = MUSTARD

SO = SOYA

* = MAY CONTAIN



THEME DAYS









DATES

G/B = BARLEY

MO = MOLLUSCS

ALLERGENS

P = PEANUTS

SE = SESAME SEEDS

V = VEGAN 🕥 = SEASONAL VEG

ST EDWARD'S CATHOLIC PRIMARY SCHOOL - ALLERGY FREE



THEME DAYS

TIME TO BAKE

Time to Bake

WORLD MUSIC DA

WIMBLEDON

SUMMER TIME

SUMMER

MAY 2025

JULY 2025



DF/GF BBQ CHICKEN PIZZA

MONDAY

CHICKEN & TOMATO GF PASTA

TUESDAY

ROAST CHICKEN & GRAVY

WEDNESDAY

HOMEMADE BEEF **MEATBALLS & RICE**

THURSDAY

GF FISH & CHIPS (F)



DF/ GF MARGHERITA PIZZA

V

TOMATO & BASIL GF PASTA

SUMMER VEGETABLE **CASSEROLE**

V

VEGETABLE BOLOGNESE WITH GF PASTA

JACKET POTATO WITH DF CHEESE & **BAKED BEANS**





HOMEMADE POTATO **WEDGES & GREEN SALAD**

S

BROCCOLI & GREEN BEANS

RUSTIC ROAST POTATOES WITH ROAST CARROTS & PARSNIPS

S

PEAS & CARROTS

BEANS OR PEAS

S



CHEF'S ALLERGEN FREE CAKE

GF SHORTBREAD

FRUIT POT

CHEF'S ALLERGEN FREE CAKE

ICED FRUIT LOLLY

JACKET POTATO | DAILY SALAD BAR | FRESH FRUIT

DATES

8TH APRIL / 19TH MAY / 16TH JUNE / 7TH JULY

E = EGGS

F = FISH G = GLUTEN G/B = BARLEY

G/O = OATS

L = LUPIN MO = MOLLUSCS

ALLERGENS

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ST EDWARD'S CATHOLIC PRIMARY SCHOOL - ALLERGY FREE

WEEK 1 **WEEK 3**



TUESDAY WEDNESDAY **THURSDAY** MONDAY

WRAPLESS CHICKEN FAJITAS

BUNLESS HOMEMADE BEEF BURGER

ROAST GAMMON & GRAVY

BEEF JAMBALAYA

GF FISH FINGERS & CHIPS **(F)**

VEGGIE

WRAPLESS **VEGETABLE & BEAN FAJITA** V

BUNLESS CHICKPEA & SPINACH BURGER

V

JACKET POTATO WITH **DF CHEESE & BAKED BEANS**

V

BEAN JAMBALAYA

GF/DF MARGHERITA PIZZA

SIDES

PUD 📛

SPICY RICE & GREEN SALAD

S

HOMEMADE POTATO WEDGES. **BAKED BEANS & GREEN SALAD**

S

RUSTIC ROAST POTATOES WITH ROAST CARROTS & PARSNIPS

S

BROCCOLI & SWEETCORN

S

BEANS OR PEAS

S



THEME DAYS

TIME TO BAKE

Time to Bake

MAY 2025

JUNE 2025

SUMMER TIME

SUMMER

FRUIT JELLY

CHEF'S ALLERGEN FREE CAKE

GF SUMMER FRUIT CRUMBLE

G/F SHORTBREAD

ICED FRUIT LOLLY

JACKET POTATO | DAILY SALAD BAR | FRESH FRUIT

6TH MAY / 2ND JUNE / 23RD JUNE / 14TH JULY

E = EGGS

F = FISH G = GLUTEN G/B = BARLEY

G/O = OATS

MU = MUSTARD

SO = SOYA

* = MAY CONTAIN V = VEGAN



DATES

MO = MOLLUSCS

ALLERGENS

P = PEANUTS

SE = SESAME SEEDS

🕥 = SEASONAL VEG