

Sesame Free – St Edwards

WEEK 1
WEEK 2
WEEK 3



Please note
AA in a dish name
refers to **Allergy Aware**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Smokey BBQ Chicken	Sweet & Sour Chicken	Roast Chicken Fillet & Pan Gravy	Pepperoni Pizza	Captain's Crispy Fish Fingers or Salmon Star Fishcake with Chippy Chips
VEGGIE	Smokey BBQ Pulled Jackfruit	Sweet & Sour Roasted Vegetables	Cheesy Veggie Hot Pot & Gravy	Cheesy Tomato Pizza	Cheesy Mexican Veggie Burrito with Chips
SIDES	Steamed Rice with Sweetcorn & Green Beans	Steamed Rice & Green Beans	Rustic Roast Potatoes with Seasonal Vegetables	Homemade Potato Wedges & Baked Beans	Beans or Peas
PASTA & JACKET	Italian Tomato Twirl Pasta	Jacket Potato with a Choice of Fillings	Mac & Cheese	Jacket Potato with a Choice of Fillings	Tomato & Vegetable Pasta
PUD	Fruit Yoghurt	Fruit Yoghurt	Vanilla Crunch Biscuit	Chocolate Cloud Mousse	Vanilla Sponge with Custard Sauce
Fresh Fruit Freshly Baked Bread NO DAILY SALAD BAR					

Only serve what is on this menu

No sesame or products flavoured/containing these

This menu is written based on the halal/standard menu. If you are using halal/standard recipes this menu should not be used.

DATES

31 AUG / 21 SEPT /
12 OCT / 09 NOV /
30 NOV

STOP AND THINK!

Have you completed the Student Allergen Management Record?



Sesame Free – St Edwards

WEEK 1
WEEK 2
WEEK 3



Please note
AA in a dish name
refers to **Allergy Aware**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Mega Mac & Beefy Topper	Mild Chicken Tikka Masala	Lightly Spiced Chicken	Bunless Homemade Beef Burger 670554	Captain's Crispy Fish Fingers & Chips
VEGGIE	Roasted Butternut Squash Topped Mac & Cheese	Mild Vegetable Tikka Masala	Lightly Spiced 'Plant Based' Chicken	Bunless Spinach & Chickpea Burger 679531	Margherita Pizza
SIDES	Sweetcorn & Peas	Steamed Rice with Carrots & Green Beans	Paprika Diced Potatoes & Sweetcorn	Homemade Potato Wedges & Baked Beans	Crispy Wedges & Beany Beans
PASTA & JACKET	Jacket Potato with a Choice of Fillings	Italian Tomato Twirl Pasta	Jacket Potato with a Choice of Fillings	Tomato & Vegetable Pasta	Jacket Potato with a Choice of Fillings
PUD	Apple Sponge & Custard	Chocolate Shortbread Biscuit	Sticky Toffee Apple Crumble with Custard	Jam Sponge with Custard	Cool School Ice Cream
Fresh Fruit Freshly Baked Bread NO DAILY SALAD BAR					

Only serve what is on this menu

No sesame or products flavoured/containing these

This menu is written based on the halal/standard menu. If you are using halal/standard recipes this menu should not be used.

DATES

07 SEPT / 28 SEPT
/ 19 OCT / 16 NOV /
07 DEC

STOP AND THINK!

Have you completed the Student Allergen Management Record?



Sesame Free – St Edwards

WEEK 1
WEEK 2
WEEK 3



Please note
AA in a dish name
refers to **Allergy Aware**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Sticky Chicken Pasta Bake	Tuscan Sausage Pasta	Roast Chicken & Gravy	Beef Bolognese with Pasta	Crispy Catch Fish & Chips
VEGGIE	Sticky Veggie Pasta Surprise	Tuscan Vegetable Pasta	Roast Jerk Quorn Fillet	Vegetable & Lentil Bolognese with Pasta	Cheesy Pizza & Chips
SIDES	Broccoli	Peas & Sweetcorn	Rustic Roast Potatoes & Seasonal Vegetables	Peas & Sweetcorn	Beans or Peas
PASTA & JACKET	Jacket Potato with a Choice of Fillings	Mac & Cheese	Jacket Potato with a Choice of Fillings	Italian Tomato Twirl Pasta	Jacket Potato with a Choice of Fillings
PUD	Winter Berry Cake	Syrup Sponge with Custard	Orange Syrup Sponge with Custard	Lemon & Cardamom Drizzle Cake with Vanilla Sauce	West Indian Fruit Cake
Fresh Fruit Freshly Baked Bread NO DAILY SALAD BAR					

Only serve what is on this menu

No sesame or products flavoured/containing these

This menu is written based on the halal/standard menu. If you are using halal/standard recipes this menu should not be used.

DATES

14 SEPT / 05 OCT /
02 NOV / 23 NOV /
14 DEC

STOP AND THINK!

Have you completed the Student Allergen Management Record?

